



HOURS- BY APPOINTMENT ONLY

Mon. Wed. Fri. 10am - 8:30pm

Tue. Thur. 10am-8pm

Sat. Sun. 10am - 9pm

POLICIES

• We require a credit card to reserve all appointments. If you must cancel for any reason, please allow a minimum of 24 hours notice, or we must bill you for the session in full.

• We accept Debit Cards, Cash, Check, MC and Visa.

• **NO DROP IN CLIENTS.** We value our clients time; consequently, we do not answer the door or the phone during sessions. If you want to stop by, please call first.



SAGE Spa

**LICENSED MASSAGE
CERTIFIED PRENATAL MASSAGE
FACIALS
REFLEXOLOGY
AROMATHERAPY**



Welcome

We think that you will discover a refreshing difference at Sage. We are not your typical spa.

- We give you FREE time before your massage to sit down with your therapist to discuss your needs.
- Our prenatal therapists have extra training and certification.
- Talk to us: we'll make every effort to pair you up with the right therapist.
- Aromatherapy is a luscious free addition to your massage.

We are proud and passionate about what we do and we think you'll notice the difference.



SAGE Spa

405 Fifth Ave @ 7th St 2nd Floor
Park Slope Brooklyn, NY 11215

718 832-2030

www.sagebrooklyn.com

SAGE MASSAGE

Pick the length of your session:

1/2 Hour	\$69
1 Hour	\$110
1 1/4 Hour	\$136
1 1/2 Hour	\$160

Now pick the type of massage you want (we'll be glad to help you decide):

Signature Massage - a mix of the therapist's best techniques.

Prenatal Massage - our Certified Prenatal Therapists take 40 hours of additional training to provide you with a safe and effective prenatal session.

Swedish Massage - classic oil- based massage.

Deep Tissue Massage -more force for bigger knots.

Angelfeet Reflexology- yummy and effective treat for feet.

Just Neck & Back - focused and extensive.

Myofascial Massage - gentle but penetrating work on the body's muscles and connective tissue; no oil.

Shiatsu - finger-palm-elbow pressure for energy balancing. Received with your clothes on.

Sports Massage - tailored relief for the muscles affected by your particular sport.

Add Ons:

Stretching Session (30 Minutes) - Get flexible, reduce stress, and improve your athletic performance - \$69

Ah Sinus Aromatherapy Relief (15 Minutes) - essential oils, hot packs, steam and acupressure point treatment for immediate relief. - \$35

SAGE PREMIUM MASSAGE

Couples Massage - Treat the two of you to side by side bodywork in our elegant couples room. Chocolates afterwards.

1 Hour	\$250
1 1/2 Hour	\$325

Hot Stone Massage - A deeply soothing specialty massage that uses heated volcanic stones to relax tight muscles and detoxify you. Good all year, but especially nice on a cold day!

1 Hour	\$125
1 1/2 Hour	\$160

Aromatic Hot Towel Massage - This luscious treatment combines the benefits of moist heat and massage to melt away your stress. Great for mind and body!

1 Hour	\$125
1 1/2 Hour	\$160

TMJ Massage - CRUNCH, GRATE & GRIND ...stress is a major cause of TMJ. This specialized treatment helps to relieve the muscles of the jaw and surrounding areas.

1 Hour	\$125
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AROMATHERAPY

Let your mind slow to the pace of fragrance

Before your massage, visit our scent bar and pick from a selection of aromatherapy oils - a FREE addition to your session.

SAGE FACIALS

Our nourishing facials are holistic and do not include extractions.

We use Weleda Premiere Skin Care Products which are formulated from the purest, natural, organic and biodynamic ingredients. All Weleda formulations are free of synthetic additives, mineral oils, synthetic colorants and fragrance.

Harmony Mini-Facial (30 Min)

- acupressure facelift massage
- cleansing
- exfoliation
- steam w/ hand massage
- masque w/ foot massage
- moisturizing

30 minutes - \$75

Radiance Facial (60 Min)

- acupressure facelift massage
- neck and shoulder massage
- cleansing
- exfoliation
- steam w/ hand massage
- masque w/ foot massage
- eye serum
- moisturizing

One Hour-\$115

GIFTS

ALWAYS APPRECIATED

Gift certificates are available for all services. Receive yours in person, by mail, or even e-mail. Call 718 832-2030 to order.

SAVE

WITH OUR SERIES OF 5 MESSAGES OR FACIALS

When you purchase our Sage Series of 5 Messages or Facials, you not only receive hour after hour of total bliss but you SAVE money too!

SAGE PACKAGES



No.1 Vital

60 Min Massage / 30 Min Facial
\$174



No.2 Pure

75 Min Massage / 30 Min Facial
\$188



No.3 Fresh

60 Min Massage / 60 Min Facial
\$212



No.4 Renew

60 Min Massage /
30 Min Stretching \$174



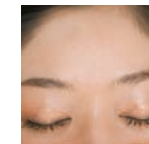
No.5 Balance

60 Min Massage / 30 Min Angel Feet- \$168



No.6 Restore

75 Min Massage / 30 Min Angel Feet- \$192



No.7 Dreams

60 Min Massage / 30 Min Angel Feet / Ah Sinus-\$200



No.8 Narcissa

60 Min Massage / 30 Min Facial / 30 Min Angel Feet - \$240



No.9 Oasis

60 Min Massage / 60 Min Facial / 30 Min Angel Feet - \$276